

# Boys' Tennis Meeting 2020 Agenda

1. Please fill out the Contact Info Master Sheet as well as the sign up sheets located at the table. Renee and I need these!
2. Welcome back/intro of coaches and program/what we are all about
3. Reminders of signup sheets/contact information
  - a. Front table. Make sure info is correct by putting checkmarks by it. If it is wrong, write it correctly off to the side.
4. Eligibility (GPA, Physicals, behaviors)
5. Discussion of boys' season specific items:
  - a. Team rules/expectations
    - i. Have fun, be respectful, control your attitude and effort.
  - b. Player expectations
    - i. Showing up to practice and matches on time with proper equipment.
    - ii. Respectful, responsible, ready to work hard
  - c. Practices-What is expected/ practice-times/notifications
    - i. Practices are used to improve technical, strategic, physical and mental components of tennis
    - ii. Practice times are noted on the calendar. We use the remind app to notify changes.
  - d. Parent and athlete communication-who has what responsibilities?
    - i. Coaches communicate through email, schedule and remind app to players. Parents may contact coaches directly if there are any immediate concerns.
    - ii. Players' responsibility to communicate absences at LEAST 24 hours beforehand unless there is an EMERGENCY.
    - iii. Please let us know what date(s) you will miss in the season
  - e. Tennis etiquette
    - i. Quiet during the points, cheer when good shots are hit, not when opponents hit bad shots.
  - f. Matches- how matches flow/expectations of play/support of the team
    - i. Varsity plays first. JV follows at duals. Expected to be there and watch the whole match unless there is an appointment/emergency
  - g. Dealing with the opponents/coaches
    - i. Being respectful and thinking before you speak. Use tennis etiquette.
    - ii. Raise racket if there is an issue so Renee and I can help.
  - h. Lineup- how it flows/what determines lineup
    - i. We hold challenge matches at the beginning of the year. Players will be informed of the challenge match policy at practice. Winning challenge matches, attendance, and behavior determines line up.
  - i. Dress warm
    - i. Gloves, hats, pants. When playing matches, we need to follow the uniform and logo codes.
  - j. Nutrition/hydration
    - i. ALWAYS bring water and snacks. We will have water as use for extra/emergency, but bring your own
  - k. Injuries/reporting injuries
    - i. Trainer= Eliza
    - ii. Report any injuries to us coaches the INSTANT they occur.

- l. Captains/teamwork/individual responsibilities
    - i. Captains will be selected in the beginning of the season, voted on by the team.
  - m. No bullying/appropriate conduct
    - i. Treat others how you want to be treated.
    - ii. "Just playing" or "Just messing around" doesn't cut it if someone's feelings are hurt.
  - n. Bussing/transport
    - i. Be on time for the busses. You must travel with the team on the bus unless you have previously notified us coaches AND Mr. Lindh. We take attendance before we leave on the busses. So let us know when you are sick/out of school. DO NOT BE LATE!
    - ii. Sometimes we leave school early for matches. You are responsible for gathering homework and letting your teachers know.
  - o. How to represent our school
    - i. Be kind, positive, and helpful to your team. Be courteous, respectful, and a good sport to the opponents.
  - p. Tournaments
    - i. Make sure to bring all necessary items to tournaments. They are usually anywhere from 3-10 hours out of your day. Dress warm, pack food/water.
  - q. Weather/Apparel
    - i. It's cold, be smart. Wear uniforms to matches. Athletic clothes/shoes to practice.
  - r. Parent helpers with food/water
    - i. In the past, we have had a sign-up genius for bringing water/food. We are always in need of water bottles. Thank you for your help/support!
  - s. Parent/family spectating/cheering/involvement
    - i. Cheer FOR our players NOT against the opponents
    - ii. Cheer for when we make good shots. Cannot talk to you son or give them any advice/items while they are on court in a match.
  - t. Friends and spectator cheering/involvement
    - i. We love fans even though we don't get many! Educate them on tennis etiquette
    - ii. Cheer only when points are over, please be quiet when the players are in the process of playing.
6. **WINDSCREENS MARCH 21 9AM!** Dress warm!
  7. Renee- Spirit wear and uniforms
  8. Managers/duties/expectations/treatment
  9. Season description-Postseason/conference
  10. Reminders of practice start date/time and windscreens
  11. Dismissal